



Stress Clinic Uganda | Annual Report 2024

Total reach

Cumulatively, across our different programs, we were able to reach 2,082 clients (923 Men, 1159 Women) this year. This shows a 50% increment in comparison to 2023 in the previous year.

Safety and Security

The security situation remains largely calm, but incidents of organized crime are increasing in the central regions, primarily targeting business operators at night. Rainy conditions have intensified across the country, severely impacting districts such as Kampala, Kalangala, Wakiso, Namisindwa, and Bulambuli with flash floods. Significant property damage and related road traffic accidents have also been recorded. The government has provided defined support to each affected district in response to these hazards. Additionally, 20 thatched houses were destroyed by fire in Yumbe town council, causing significant property loss but no fatalities.

These hazards highlight the need for preparedness and vigilance in the SCU to minimize such risks.

Human Resources

Staffing: At the end of the last financial year 2024, the organization had a total of 14 staff, consisting of (8 Female Staff and 6 Male Staff) and 2 volunteers (1 Female staff and 1 Male staff).

Finance

- Completed the filing of the 2024 Final Returns
- Finalized and submitted the donor financial report for all programs
- Worked on budget for FY 25

I.T

- I.T Open hour: For this month's IT Open Hour, staff got hands on skills in using A.I as a tool to improve reporting and document review. The online training had staff who showed great interest and zeal for the new skill.

Highlights:

Our Executive Director was Awarded the Humanitarian Worker of the Year by Hexa Media Africa, a Nigerian-based media house due to his championing of strategic development goals 1,2,3,4,5 and 7 through our work.



Grants

▪ Grants and Partnership Management:

Reporting:

- Final reports were completed and submitted to the donor which were approved.

New Grants Agreements: Programs grant request for financial year 2025 was approved amounting to a total of **222,868euros**

Partnerships:

Reviewed the terms and conditions of the grants, signed new partnership Agreement to continue with our partnership with the Recreational Project, our donor.

Events and celebrations

- We won the trophy for mental health sport gala.



Programs

Mental Health & Wellbeing Programs: The program outcome of improving mental health and access to psychosocial support for people battling with mental health conditions was achieved at 89% according to the annual survey report 2024 against a baseline of 20%. This is attributed to the effectively implemented programs, with a Youth-tailored mental health program reaching 430 (210 Boys, 220 Girls) youth, a community-centered mental health program providing psychosocial support to 340 persons battling mental health disorders, a Men-centered mental health program reaching 120 men and women-centered mental health program reaching 700 women through their group-centered programs.

Economic empowerment and livelihood programs: According to the annual survey report 2024, the program's goal of improving the livelihoods and households of women, youth, and the most vulnerable

communities was achieved at 97%. Specifically, 540 people accessed agribusiness reporting increased production and sales values, 390 clients accessed climate-smart agriculture, and 20 savings groups were formed and supported with financial support which directly reached 412.

Education and life skills programs: The program's outcome of improving the quality of education and life skills for Children 3-18+ years was achieved at 81% in terms of pupils' passage. 240 out of schoolgirls were supported to receive vocational life skills, and 5 project schools were fully supported in improving the teaching and learning outcomes of pupils in their schools according to the annual survey report 2024

Main strategic direction for FY25:

Increase project proposal submissions to increase our donor portfolio.

Launch the MindPower youth project in schools and institutions.

Achieve project implementation at 99%



Training of youth groups



Stress Clinic Community program



Stress Clinic Men's mental health program



Stress Clinic youth program